



Khejri Sarvodaya General Health And Eye Care Centre

Independent unit of
JAIPUR WORLD CITY SOCIETY
(a non-profit organization)



At the time of writing this report the Chief Minister of Rajasthan has announced that from 2nd October 2011 free medicines will be provided to patients at all Government hospitals and dispensaries. This is a very welcome gesture on behalf of the state government, especially for those underprivileged persons for whom medical treatment remains one of the primary reasons for indebtedness. Although treatment at government hospitals is supposed to be free, there remains a lot of additional expenditure, including for medicines and all supplies for operations. Not to mention the extreme overcrowding in government hospitals, the impossibility for the ordinary person to receive proper attention and often the harassment one is subjected to.

Since the last 16 years Khejri Sarvodaya Health Centre has been providing free medication to all its patients till very recently. Rising costs and a change in the economic profile of some of our patients have made it necessary to distinguish between those who cannot afford to buy medicines and those who can, since the expenditure on medicines/vaccines/laboratory and surgical items remains high on our budget. Several charitable health centres, which started out with all good intentions by providing medical care to the underprivileged population have

over the years had to change their policies. Very soon a hardened attitude also creeps in that "people can afford to pay". Till now and thanks to the support from our donors and well wishers we have as yet not had to succumb to this ideology, although some minor fee adjustments have had to be made. When the Right to Life is a fundamental right, Right to Health must equally remain so.



This report covers the period 1st April 2010 to 31st March 2011 of the 16th year of the Khejri Sarvodaya Health Centre bringing medical services to the people of this area. It has been a busy year for our 4 regular doctors and 12 staff members who attended to 36257 patients – about 5000 more than last year. This does not include the 425 patients who came for the multi-speciality camp in December, the 86 women at the breast cancer detection

camp and the 12 women at the breast feeding camp. Khejri fulfills the essential need of people to have basic health services near their home. In surroundings with poor living facilities there are frequently- besides the regular illnesses - many small and major accidents, especially of children, which need immediate attention. The number of such (often preventable) accident cases is considerable.

	Morning	Evening	Mobile	Total
Working Days	309	156	146	309
No. of Patients	28,132	3,095	5,030	36,257
Old Patients	14,855	2,024	3,107	19,986
New Patients	13,277	1,071	1,923	16,271
New Adult Male	3,775	365	325	4,445
New Adult Female	5,631	344	829	6,804
New Male Children	2,116	195	411	2,722
New Female Children	1,775	167	358	2,300
Antenatal Cases	853	86	-	939
Eye Patients	4,558	-	-	4,558
Eye Operation	141	-	-	141
Ultrasound	351	-	-	351
E.C.G.	93	-	-	93
Laboratory	1,865	-	-	1865
Immunizations	1,184	418	-	1602
School Students	919	167	105	1191

Children and Women

As our statistics indicate women and children form more than 75% of our patients; a very encouraging fact. The difference between 'former' patients and 'new' patients is marginal and a good indicator to us that patients remain satisfied with our treatment. In spite of the shameful declining sex ratio in the 0-6 age group due to female foeticide as mentioned in the 2010 census, the difference between male and female

children visiting the Health Centre has remained constant over the years. We, however, are concerned about the *low nutritional level* and great difference in standard weight of a large number of girls and boys in this area. With the assistance of 'Children of Tomorrow' (The Netherlands) we are able since January 2011 to provide additional protein/vitamin syrup to most children and pregnant mothers. We distributed

474 bottles and 900 multi-vitamin tablets during the months of Jan.-March 2011. Free vaccination for DPT, Polio, Hepatitis B, TT, DT, measles and the boosters was provided during this year to 1602 children in the morning and evening/mobile services. We are grateful to the Foundation Aid for Young People, The Netherlands for their financial help for this most essential service.

Pupils of several schools in our neighbourhood receive free treatment at the Health Centre on referral by their schools. With financial assistance provided by St. Theresia, St. Imelda and Foundation Shanty of The Netherlands several needy children were given financial aid towards their schooling. During this year 939 pregnant women

were attended to by Dr. Aruna Kanwar, for whom we have separate and continuous *ante natal* check-ups. Many women are anemic both due to low nutritional standard and multiple birthing. Advice/counseling on spacing, prevention of pregnancy, nutrition, besides iron calcium tablets, birth control pills, TT and hepatitis vaccinations were provided. *Sonography* services are available once a week and 351 women and others benefited from this. We had an extra camp on *breast feeding* for expecting mothers in May last year with the expert input of two Dutch nursing students and a general camp for women regarding *breast cancer* detection – the latter organized by the Jaipur Cancer Relief Society in October 2010.

Frequent ailments in the OPD

Dr. Hanuman Singh attended to the largest number of patients in the daily morning OPD. He has been serving the health centre for the last 10 years. The most frequent ailments continued to be upper respiratory infections, all kinds of skin

infections, dyspepsia, diarrhoea, pyrexia, injuries, suppurative otitis media, eye diseases, amenorrhoea, stomatitis plus another 80-90 ailments and disabilities.

EKGs were performed for 93 patients.

The Laboratory

To support a proper diagnosis the laboratory, in spite of its very limited space, performed 1865 (pathology-1117, biochemistry - 691, sputum (AFB₂ - 57) investigations. Mr. Babu Raj is in attendance thrice a week.

Eye Care Centre

Because of climate and poverty conditions eye diseases in this desert state are most rampant. We are fortunate to have a full time eye care centre with a state-of-the-art operation theatre attached to the Khejri clinic. Dr. A.C. Bhargava has provided his expertise

initially for 13 years on a part time basis, but since the last 3 years on a full time basis. During the year under review 4558 patients were attended to, 141 operations were conducted and a large number of refraction cases. Ram Krishna, a 52 year old labourer in a cement factory in



Inauguration of the new dispensary room



Protein/vitamin syrup for the little ones



Banner of the major health camp



Busy intake at the health camp



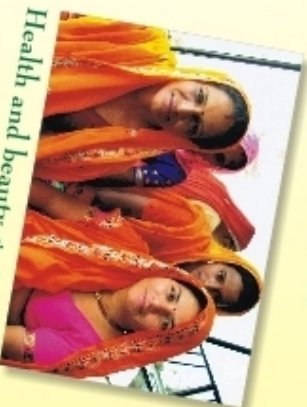
First aid training workshop for school teachers



Health education class prize distribution at Ideal Public School



Breast cancer detection camp volunteers



Health and beauty go together

Lakheri Bundi (250km from the Health Centre) had earlier lost vision in one eye due to glaucoma. His other eye was also affected by glaucoma, but no eye surgeon wanted to take the risk of operating his only eye. In April 2010 he was successfully operated by Dr. Bhargava and good vision was maintained in his only

eye with medication. One year later he was also successfully operated for cataract with IOL implant in the same eye. Ram Krishna is the only breadwinner in his family and his sight in one eye has provided life for his entire family. Mr. Puneet is the ophthalmological assistant and nurse Sreeja assists with operations.

Mobile and Evening Clinic

Thrice a week the mobile van went to Khonagoriah, where it attended to 5030 patients and thrice a week the Evening clinic attended to 3,095 patients.

Dr. Y.K. Rajvanshi attends both these clinics; Dr. Aruna attends to the mobile clinic on Wednesdays for women patients.

Special Treatment Programme Fund

Also this year this Fund permitted us to support poor patients for extensive specialised treatment elsewhere: e.g. patients with non-Hodgkin lymphoma (2), adeno carcinoma, acute leukemia, epilepsy (2), diabetes (I and II), rheumatic heart diseases (5), congestive heart failure, PDA with pulmonary arteriosis, perforated peritonitis, hydrocephalus and tuberculosis. Dr. Rajvanshi and nurse Sreeja take care of these patients in the evening clinic. (annual expenditure: Rs.582,967/-).

Bhagwan Sahai, a 41 year old roadside shoe repairer living in the Jagatpura slum area, had cut one of his toes while working. When the wound would not heal and had developed gangrene, he was

advised in the government hospital to have his foot amputated. Out of fear he came to consult Khejri's doctors, who had him immediately tested for diabetes, which proved right. Ultimately, only his toe had to be amputated and he is on continuing treatment with us for diabetes. His wife takes very good care of him.

Rabiya, a 7 year old girl also from the Jagatpura slum collects garbage during the day and attends evening school run by an NGO. She was brought to Khejri by her mother with severe non Hodgkin lymphoma (swelling in all her lymph nodes). With the help of the Oncology Department of the Govt. hospital Khejri is providing all financial and medical help to save her life.

School Health and Health Education Programmes

Both these programmes had been in operation between 1999 and 2006. Due to the destruction of the major health centre building by the Government for road

widening we had to discontinue these important community services. Fortunately, we were able to restart these Programmes in February 2011. In

February – March medical examinations were conducted in Ideal Public School (259 children), at Khonagoriah by Dr. Rajvanshi and his team. Where required, immediate medication was provided and follow ups were done. A few children were identified for specialized treatment and/or eye care. As mentioned elsewhere, the nutritional standard and low height-weight-age ratio needs special care. In the remaining of 2011 several schools have been identified for medical examinations. (The check-ups are financed from donations by several individual donors in the Netherlands).

In early February as part of the School Health Education Programme a one day first aid workshop was held, in which 37 teachers of surrounding schools participated. The workshop consisted of lectures and practical demonstrations,

New Dispensary Room

In a good spirit of collaboration and commitment our own doctors, staff members, a few patients and suppliers donated funds to construct a separate small room for the dispensary, which was

Staff

Doctors: Dr. A.C. Bhargava (executive director and ophthalmologist), Dr. Hanuman Singh (physician), Dr. Aruna Kumari Kanwar (gynaecologist), Dr. Y.K. Rajvanshi (physician, mobile and evening clinics), Dr. M. Jansen (hon. physician – few weeks).

Management

The overall management rests with the Jaipur World City Society. The Health

which were highly appreciated. Dr. Marianne Jansen, Dr. Meeta Singh, Dr. Vinita Jain, Dr. A.C. Bhargava and Mr. Bhanwar Singh were resource persons. Digantar had graciously provided us with the venue and lunch/refreshment arrangements.

Mr. Lohit Kumar Joshi was reappointed as the Health Education Coordinator on 1st February. About 20 schools in the neighbourhood were contacted, the lesson material was reviewed and reprinted (3000 cc of the textbook and the workbook) and teaching was started in IPS, GPS and the Govt. Middle School at Khonagoriah for the children in classes 6-9. (This major Health Education Programme is being financed by 'Children of Tomorrow', The Netherlands).

put into service in September 2010. Shifting the dispensary to its new habitat has freed much required accommodation for a separate small dressing room.

Administrative support: Mr. G.J. Unnithan (hon.), Mr. Bhasi M.K., Ms. Rekha Pillai

Para-medical and supporting staff: Mr. Rajendran Nair, Ms. Sreeja Pillai, Ms. Prasanna Shivan, Mr. Babu Raj, Mr. Puneet, Mr. Ramchandran Pillai, Ms. Zaida Bano, Ms. Kamlesh and Mr. Gogaram.

Centre's Advisory Committee, consisting of the JWCS president Mr. B.L. Baid, the

treasurer Mr. J.C. Gupta, Dr. A.C. Bhargava (exec. Director Health Centre), Mr. Hemant Agrawal, Mr. Brij Mohan Singh Bareth met twice during the year under

review to guide the working of the Health Centre. Prof. and Mrs. T.K.N. Unnithan are special invitees to these meetings.

Finances

Total income during this year from local sources was Rs.9,10,378, from foreign donations Rs.24,68,920 and from bank interest Rs.5,29,002/-. Expenditure under various heads amounted to Rs.36,37,572 - including Rs.-Rs.94782.- for fixed assets and approx. Rs 800000.- for next year's projects

in nutrition and school health education (unaudited figures). *As is evident, we have had to draw on our reserves and shall have to make greater efforts to raise funds. Please do continue to support us financially, so that we can render this most basic service to the less privileged of this world.*

Donations from abroad may please be sent to Jaipur World City Society,

account no. 10054351906, State Bank of India, Malviya Nagar, Jaipur, India (swift code SBININBB552).

FCRA (govt. of India) registration no. of Jaipur World City Society is 125560068

Local donations can directly be transferred to Khejri Sarvodaya General Health and Eye Care Centre, account no. 0340301110686, ICICI Bank, University Marg, Jaipur. (80G no. will shortly be available)

The accounts are being audited along with the accounts of Jaipur World City Society by Shekhawat & Co. Income tax returns and the FCRA- Govt. of India formalities will be completed as in previous years.



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Khejri is a local venerated tree (Latin name: prosopis cineraria) and has been taken as a symbol for endurance in this harsh arid land. Sarvodaya is a Sanskrit word meaning 'welfare for all'.