

KHEJRI SARVODAYA GENERAL HEALTH AND EYE CARE CENTRE
Independent unit of Jaipur World City Society

Working days	305
Total no. of patients	31138
Daily average	102
Adult male patients	3679
Adult female patients	5806
Female children	1942
Male children	2321
Antenatal cases	646
Eye patients	4366
Eye operations	181
Ultrasound	180
Laboratory investigations	1692
ECG	62
Immunisation/vaccination	1539

During 2009-2010 the Khejri Health Centre completed 15 years of providing medical care to the community. This was the first complete year that the Health Centre functioned under the organisational umbrella of the Jaipur World City Society, a registered charity of long and devoted standing. The additional full time Eye Care Centre with its operation theatre, replacing the earlier Sunday eye clinic, has been of great benefit to the people. In spite of our reduced space due to the demolition of the major part of the building by the government for road construction work three years ago the Health Centre has continued to receive and treat on a mainly free basis, including medication, **31138** patients. The statistics are given herewith and relate to the period 1st April 2009 to 31st March 2010.

Patients' Profile

Women continue to be our largest group of patients. It shows the need of the community when the government is still not able to provide free medical services to the most underprivileged in society, who also share the greatest burden of keeping the wheels of daily life rotating. With our full time, highly qualified eye services, eye patients are the second largest group of patients. The Health Centre treats a large amount of basic diseases, while more complicated cases are referred to various specialized hospitals. The most frequent ailments are: (a) upper respiratory infections and fevers of unknown origin, (b) skin diseases, of which scabies and boils are the majority, (c) antenatal cases and

female diseases, (d) dyspepsia and (e) injuries. With much construction work going on in our neighbourhood due to urbanization, we treat many labourers who have had minor or major injuries. Of the 268 injury cases many are due to negligence of children and their safety precautions, esp. burn cases. We also came across some very unusual cases, viz. patients with hydrocele, parotitis, cholelithiasis, orchitis, paronychia and the recurring 50-80 other diseases, being looked after by Dr. Hanuman Singh.

The Special Treatment Programme Fund continues to support poor patients for extensive specialist treatment elsewhere. 19 such patients and one organization for breast cancer received a total support of Rs 250389.- during the year. Dr.Y. Rajvanshi takes care of these patients thrice a week during the evening clinic.

Reproductive Health

'Healthy mother gets healthy baby, makes for a happy future' is our slogan in reproductive health. Pregnant women in their third month become part of our ante natal services. They receive the required regular check-ups of weight, blood pressure, laboratory tests and sonography. They are provided iron calcium tablets and are vaccinated against tetanus and hepatitis. Besides, information on nutrition and later about breastfeeding is given and timely reference for institutional delivery. A large number of women with suspected pregnancies visit the clinic and are given pregnancy tests. More than half the women are anemic and since this can lead to complications, they are checked up more regularly and given extra attention. Dr. Aruna Kanwar is in charge of this unit.

Immunisation

Thanks to financial help received this year from the Foundation Aid for Young People, (Stichting Hulp voor Jeugdigen), The Netherlands, the Health Centre could continue to provide free vaccination services, including DPT, Polio, Hepatitis B, TT, DT, Measles and the boosters to children, women and accident cases. A total of 1539 vaccinations were done. It is difficult to give figures for full coverage. The discrepancy between the 1st, 2nd and 3rd doses is partially due to subsequent doses received in other clinics, or due to negligence of the mothers/fathers. The state of Rajasthan is reported to have only approx. 25% of its children immunized in spite of several campaigns for full coverage. Senior nurse Sreeja Pillai looks after this project.

Eye Care Centre

The OPD services provided at the Eye Care Centre include testing vision, refraction, correction of errors, and tonometry (IOP). Patients selected for cataract with IOL require keratometry and A scan. The health centre's physician determines the medical fitness before surgery. During the year under review 4366 OPD patients were attended to and 181 surgeries performed, including cataract, glaucoma and others. This year we could add important instruments to our Centre, viz. an auto refractor with keratometer, which is of great help to assess visual acuity, particularly of illiterate persons. This valuable

instrument and a motorized operation table with accessories were funded by the Foundation Lions Workgroup for the Blind of the Netherlands.

Dr. A.C. Bhargava is the senior eye surgeon. He is assisted by Mr. Dharmendra, ophthalmological assistant and for surgeries by senior nurse Sreeja.

The Khejri Mobile Clinic attends to a good number of patients from Kho Nagoriah and surrounding hamlets thrice a week. Due to urbanization many of the earlier villages have been integrated with greater Jaipur and clinics and some private small hospitals are now working there. It has, therefore, been decided to have an **Evening Clinic** at the Health Centre premises for the remaining three days. Dr. Rajvanshi attends both to the Mobile and the Evening Clinics. Dr. Beena Dixit assisted on the Mobile Clinic for the female patients.

In spite of its very limited space **the Laboratory** gives very good supportive diagnostic services for pathology and biochemistry tests. Mr. Babu Raj, laboratory technician, is in attendance thrice a week. **Khejri Verein**, Germany, has provided a new state of the art microscope, as well as an ecg machine.

School children of several schools in our neighbourhood continued to receive free treatment and medicines on reference from their school. Also we were able to extend financial aid to individual needy children in these schools thanks to the assistance provided by **St. Theresia** of The Netherlands. **Foundation Shanty** of The Netherlands made a major contribution for the renovation and improvement of Ganpati Public School in Kho Nagoriah.

Staff

Doctors: Dr. A.C. Bhargava (executive director and ophthalmologist), Dr. Hanuman Singh (physician), Dr. Aruna Kumari Kanwar (gynaecologist), Dr. Beena Dixit (lady doctor, mobile clinic), Dr. Y. Rajvanshi (physician, mobile and evening clinics), Dr. M. Jansen (hon.physician-few weeks).

Administrative support: Mrs. G.J. Unnithan (honorary, since January 2010), Mr. Hemant Agrawal (hon), Mr. Bhasi M.K., Ms. Rekha Pillai.

Para-medical and supporting staff: Mr. Rajendran Nair, Ms. Sreeja Pillai, Ms. Prasanna Shivan, Mr. Babu Raj, Mr. Dharmender, Mr. Ramchandran Pillai, Ms. Zaida Bano, Ms. Kamlesh and Mr. Gogaram.

Management:

The overall management rests with the Jaipur World City Society. The Health Centre's Advisory Committee, consisting of the JWCS president Mr. B.L. Baid, the treasurer Mr. J.C. Gupta, Dr. A.C. Bhargava (exec. Director Health Centre), Mr. Hemant Agrawal, Mr. Brij Mohan Singh Bareth, meets regularly to guide the working of the Health Centre. Prof. and Mrs. T.K.N. Unnithan are special invitees to these meetings.

Finances:

Total income during this year from local sources was Rs.6,63,418,-, from donations Rs.26,28,900 and from bank interest Rs. 64,455. Expenditure under various heads amounted to Rs.33,73,771. These are unaudited figures. The accounts are being audited along with the accounts of Jaipur World City Society by Shekhawat & Co. Income tax returns and the FCRA – Govt. of India formalities will be completed as in last years. Due to the unstinting support of our donors we can once again look back on a satisfying year of providing primary health services to those in our area who could otherwise not afford it. On behalf of the doctors, staff, management and above all the patients we are most grateful to them. ***Do continue to support us.***

Donations from abroad may please be sent to Jaipur World City Society, account no. 10054351906, State Bank of India, Malviya Nagar, Jaipur, India (swift code SBININBB552).

FCRA (govt. of India) registration no. of Jaipur World City Society is 125560068

Local donations can directly be transferred to Khejri Sarvodaya General Health and Eye Care Centre, account no. 0340301110686, the Bank of Rajasthan, University Marg, Jaipur.

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—Khejri is a local venerated tree (Latin name: *prosopis cineraria*) and has been taken as a symbol for endurance in this harsh arid land. Sarvodaya is a Sanskrit word meaning ‘welfare for all’.